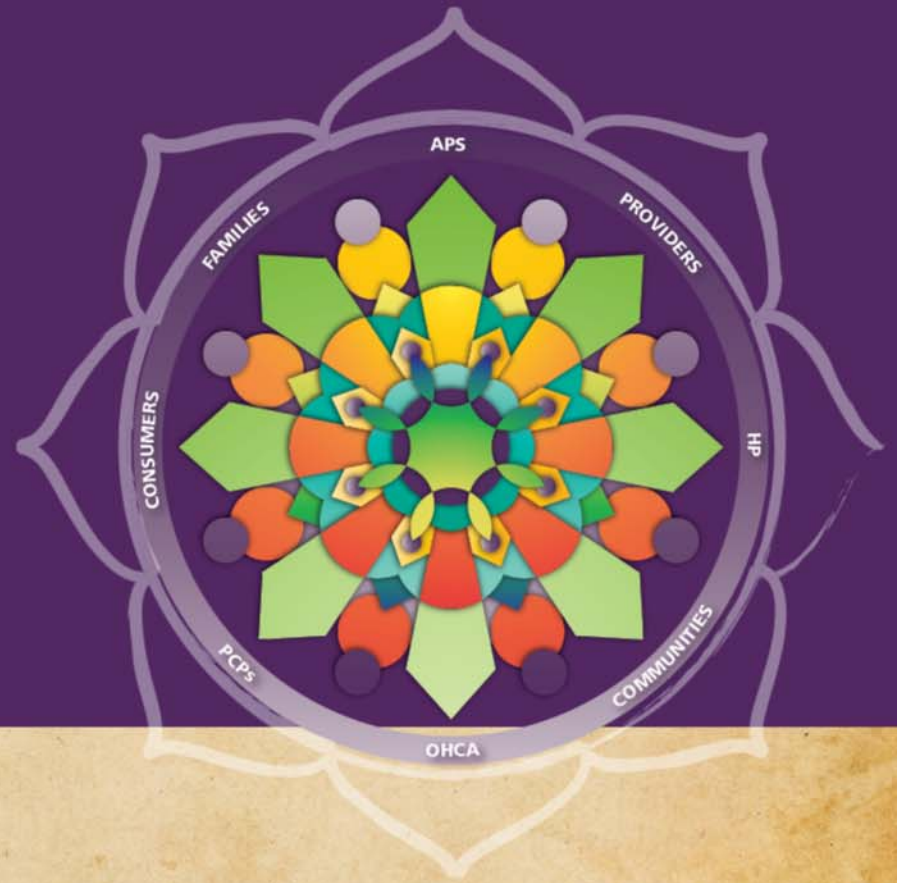


# 4<sup>th</sup> ANNUAL COLLABORATIVE BEHAVIORAL HEALTH PROVIDER TRAINING

April 7<sup>th</sup> and 8<sup>th</sup>, 2011



APPS

PROVIDERS

HP

COMMUNITIES

OHCA

PCPs

CONSUMERS

FAMILIES



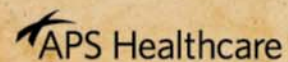


# The Future of Behavioral Health: Will We Get Lost in the Health Reform Shuffle?

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Jerry Vaccaro, M.D.

President and Chief Operating Officer  
APS Healthcare



# Accountable Care Act (ACA): Relevance for Behavioral Health



- Enhanced coverage and implications
- Accountable Care Organizations (ACOs)
- Patient-centered healthcare homes
- Change: fasten your seat belts



# Enhanced Coverage





# Enhanced Coverage: How Will We Manage?

- Dramatic increase in covered lives
- Cost concerns reign
- Complexity
- Benefits will be limited, even in Medicaid
- Managed care redux





# Enhanced Coverage: How Will We Manage?

- “Optional” benefits under fire
- Provider fees and supplemental rates under pressure
- Dually eligible





# Health Homes and ACOs as Change Mechanisms





# Health Homes and ACOs: General Comments

- Enhanced quality + lower costs
- Coordination and accountability
- Pay for Performance (P4P)
- Regulation, accreditation, certification
- Innovation





# Health Homes: General Principles

- Population Health
- Access and availability
- Primary Care is the focal point
- “Neighbors” concept to cover specialists, ancillaries
- “Patient-centricity”





# Health Homes: Thematic Issues

- Naming
- Ownership
  - Patient-Centered vs. Patient-Owned
- *Effective* health homes
- BH-specific Issues
  - Designation as PCMH
  - Concept of PCMH “neighbors”
  - Impact of parity





# Health Homes: Technology

- State of technology: faster, better connectivity
- Use of EMR
- Data overload vs. usable information
- On-line treatment/video chat
- Data capture/biometric data



# ACOs: New News or Recycled Managed Care?



- Basic principle: pay more for quality + lower cost
- Rules evolving
- Recycled at-risk medical groups or integrated delivery systems?
- Roles and risks for BH



# Behavioral Health Specific Issues





# Parity 2011

- Full “administrative” parity → full effects TBD
- Accomplishments limited by cost concerns
- Concerns about measurable benefit/clinical outcomes
- Cost offset vs. appropriate cost of good care
- Appropriate focus on costs of high quality care





# Medical Behavioral Integration

- Definition Issues
- Goals
  - Better detection and treatment
  - Information exchange and transfer
  - Integrated care
- Progress thus far





# BH Outcomes and Measurement

- Pay-for-Performance trend
- What will we measure, and how?
  - HEDIS, CAHPS, STAR
- BH measurement: beyond cost → clinical outcomes
  - We need a BH “lab” test





# Novel Programs: Hawaii

- ACT program since 1992
- ACO/BH-Centered Medical Home in progress
- Program Elements
  - Care coordination in medical and BH settings
  - e-Integration: data exchange/Patient Health Briefs
  - Health coaching, telemedicine
  - Accountability: clinical and financial outcomes → penalties/ rewards





# Novel Programs: California

- Pilot: Medical-Behavioral Integration for SMI
- Problem: SMI individuals with 3+ conditions receive little/no medical care → severe morbidity
- Program Elements
  - Care Coordination in Medical and BH settings
  - e-Integration: data exchange/Patient Health Briefs
  - Health coaching
  - Accountability: clinical and financial outcomes → penalties if not met





# Novel Programs: Puerto Rico

- State-mandate:
  - Medical Homes, ACOs, Medical-Behavioral integration
- Medical-Behavioral Integration Phase 1
  - Low tech: placement of BH providers in limited number of medical settings
  - Emphasis on screening and referral, consultation





# Novel Programs: Puerto Rico

- Medical-Behavioral Integration Phase 2
  - On-site BH providers in all sizable medical groups
  - Mix of BH-specific and general health homes
  - Medical services (PCP) in BH settings
  - e-Integration: data and information exchange (Patient Health Briefs), use of on-line BH service provision
  - Integrated DM/Complex Care Coordination



Thank You

