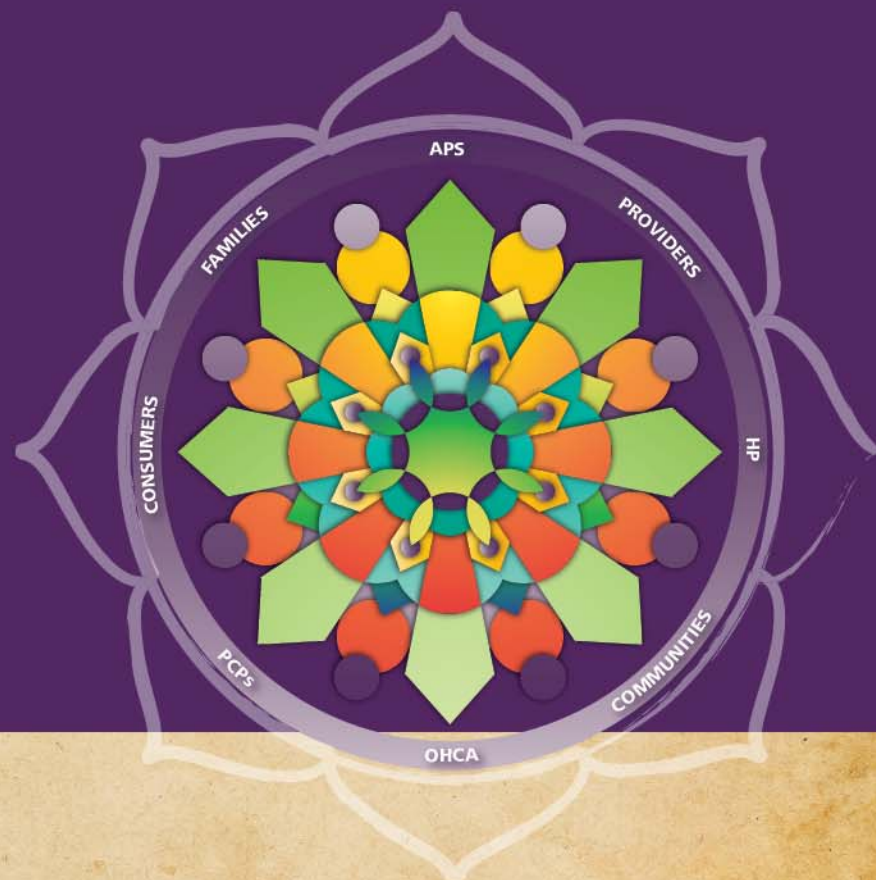


4th ANNUAL COLLABORATIVE BEHAVIORAL HEALTH PROVIDER TRAINING

April 7th and 8th, 2011



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Is It Soup Yet? The Integration of Psychiatry and Primary Care

James R. Jones, MD

Medical Director

APS Healthcare MediCal Coordinated Care Program



APS Healthcare



The de facto mental health system



- Primary Care Physicians provide up to 60% of all psychiatric care in the USA
- Up to 40% of primary care patients have primary active psychiatric problems
- 50% of patients with mental health referrals do not follow up (stigma, poverty, language barriers, paucity of psychiatrists in some areas, financial constraints)

Patient-Specific Health Factors in Schizophrenia



FACTOR	Prevalence in Schizophrenics	Prevalence in Gen. Population
Smoking	65%	25%
Obesity	50%	33%
Diabetes	14%	5 – 8%
HIV	3%	0.3%
Hepatitis C	20%	1.8%

Why PC/MH Integration



- Health Disparities: Persons with serious mental illness (SMI) are dying **25 yrs. earlier than the general population.**
- While suicide and injury account for about 30-40% of excess mortality, 60% of premature deaths in persons with Schizophrenia are due to medical conditions such as cardiovascular, pulmonary and infectious diseases. (NASMHPD 2006)



Morbidity and Mortality in People with Serious Mental Illness



- Stigma and discrimination are the most critical cause of disparities in access, quality of care and health outcomes - especially for underserved/diverse populations.
- (US Surgeon General's Report on Mental Health: Culture, Race and Ethnicity, 1999)

A Melding of Cultures



- Pace
- Language
- Practice Style
- What is “Success”?





Integration versus Co-Location

- Integrated care
- Embedded member of primary care team
- Patient contact via warm hand-off
- Verbal communication
- Flexible schedule





Integration versus Co-Location

- Ancillary service provider
- Patient contact via referral
- Written communication
- Fixed schedule



Integration is Challenging: Lessons from the Field



- Teams challenged by tracking patient/client level outcomes; workforce issues and cross agency communication
- Critical importance of structured teamwork and communication across PC/MH disciplines; teams able to implement structured teamwork/communications tended to be more successful in creating integrated care

