

PACT Services Descriptions

- **Initial Assessment** is the initial evaluation of the consumer based upon available information, including self-reports, reports of family members and other significant parties, and written summaries from other agencies, including police, courts, and outpatient and inpatient facilities, where applicable, culminating in a comprehensive initial assessment. Consumer assessment information for admitted consumers shall be completed on the day of admission to the PACT. Some of this information is collected by phone, with participation by designated team members, such as a bachelor's level or recovery support specialist. The person that completes the intake is the team leader or psychiatrist.
- **Comprehensive Assessment** is the organized process of gathering and analyzing current and past information with each consumer and the family and/or support system and other significant people to evaluate: 1) mental and functional status; 2) effectiveness of past treatment; 3) current treatment, rehabilitation and support needs to achieve individual goals and support recovery; and 4) the range of individual strengths (e.g., knowledge gained from dealing with adversity or personal/professional roles, talents, personal traits) that can act as resources to the consumer and his/her recovery planning team in pursuing goals. This is a face to face service performed by a licensed behavioral health professional.

- **Treatment Planning and Review** is a process by which the information obtained in the comprehensive assessment is evaluated and used to develop a service plan that has individualized goals, objectives, activities and services that will enable a client to improve. The initial assessment serves as a guide until the comprehensive assessment is completed. It is to focus on recovery and must include a discharge plan. This service is conducted by the treatment team, which includes the client and all involved practitioners.
- **Care Plan Oversight/Clinical Supervision** is a systematic process to review each consumer's clinical status and to ensure that the individualized services and interventions that the team members provide (including the peer specialist) are planned with, purposeful for, effective, and satisfactory to the consumer. The team leader and the psychiatrist have the responsibility to provide clinical supervision which occurs during daily organizational staff meetings, treatment planning meetings, and in individual meetings with team members. Clinical supervision also includes review of written documentation (e.g., assessments, treatment plans, progress notes, and correspondence). This service is performed by the team leader or psychiatrist.

- **Individual Psychotherapy** is a face-to-face treatment for mental illnesses and behavioral disturbances, in which the clinician, through definitive therapeutic communication attempts to alleviate, reverse or change maladaptive behaviors or emotional disturbances. This service is performed by a licensed behavioral health professional or an alcohol and other drug treatment provider.
- **Family Psychotherapy** is a face to face psychotherapeutic interaction between a mental health professional or an Alcohol and other Drug Treatment Professional and the client's family, guardian and/or support system. It must be performed for the direct benefit of the Medicaid recipient. This service is performed by a licensed behavioral health professional.
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- **Group Psychotherapy** is a method of treating behavioral disorders using the interaction between two or more individuals and the practitioner or therapist. It is provided by a licensed behavioral health professional or an Alcohol and other Drug Treatment Professional.
- **Crisis Intervention Services** is performed to respond to acute behavioral or emotional dysfunction as evidenced by severe psychiatric distress. It is performed by a licensed behavioral professional or an Alcohol and other Drug Treatment Professional.

- **Psychiatric-social Rehabilitation Services** are behavioral health remedial services that are necessary to improve the client's ability to function in the community. They are performed to improve the client's social skills and ability of the client to live independently in the community. They may be performed in a group or one to one. This service is performed by a Psychiatric-social Rehabilitation Specialist.
- **Medication Training and Support** includes the following: a review and educational session performed focusing on a client's response to medication and compliance with the medication regimen, and/or medication administration. These are performed by a registered nurse. Support services also include medication delivery by a bachelor's level or community recovery specialist.
- **Peer Support Services** include but are not limited to: teaching and mentoring the value of every individual's recovery experience; assisting consumers in determining objectives and how to articulate to reach recovery goals; assist in creating a crisis plan; facilitate peer support groups; and utilize and teach problem solving techniques with patients. This team member works from the perspective of their experiential expertise and specialized credential training. This service is performed by the Community Recovery Support Specialist.