

Children's Global Assessment Scale (C-Gas)

Rate the subject's most impaired level of general functioning for the specified time period by selecting the lowest level which describes his or her functioning on a hypothetical continuum of health-illness. Use the intermediary levels (e.g., 35, 58, 62).

100-91 Superior functioning in all areas (at home, at school and with peers); involved in a wide range of

activities and has many interests (e.g., has hobbies or participates in extracurricular activities or

belongs to an organized group such as Scouts, etc.); likeable, confident; "everyday" worries never get

out of hand; doing well in school; no symptoms.

90-81 Good functioning in all areas; secure in family, school and with peers; there may be transient difficulties and "everyday" worries that occasionally get out of hand (e.g., mild anxiety associated with an important exam, occasional "blow-ups" with siblings, parents or peers.)

80-71 No more than slight impairment in functioning at home, at school or with peers; some disturbance of behavior or emotional steps may be present in response to life stressors (e.g., parental separations, deaths, birth of a sibling), but these are brief and interference with functioning is transient; such children are only minimally disturbing to others and are not considered deviant by those who know them.

70-61 Some difficulty in a single area, but generally functioning pretty well (e.g., sporadic or isolated antisocial acts, such as occasionally playing hooky or petty theft, consistent minor difficulties with school work; mood changes of brief duration; fears and anxieties that do not lead to gross avoidance behavior; self-relationships, most people who do not know the child well would not consider him/her deviant but those who do know him/her well might express concern

60-51 Variable functioning with sporadic difficulties or symptoms in several but not all social areas; disturbance would be apparent to those who encounter the child in a dysfunctional setting or time but not to those who see the child in other settings.

50-41 Moderate degree of interference in functioning in most social areas or severe impairment of

functioning in one area, which might result from suicidal preoccupations and ruminations, school

refusal and other forms of anxiety, obsessive rituals, major conversion symptoms, frequent anxiety

attacks, poor or inappropriate social skills, frequent episodes of aggressive or other anti-social

behavior with some preservation of meaningful social relationships

- 40-31 Major impairment in functioning in several areas and unable to function in one of these areas, i.e., disturbed at home, at school, with peers or in the society at large (e.g., persistent aggression without clear instigation; markedly withdrawn and isolated behavior due to either mood or thought disturbance, suicidal attempts with clear lethal intent); such children are likely to require a special schooling and/or hospitalization or withdrawal from school (but this not a sufficient criterion for inclusion in this category).
- 30-21 Unable to function in almost all areas, e.g., stays at home, in ward or in bed all day with out taking part in social activities, or severe impairment in communications (e.g., sometimes incoherent or inappropriate).
- 20-11 Needs considerable supervision to prevent hurting others or self (e.g., frequently violent, repeated suicide attempts) or to maintain personal hygiene or gross impairment in all forms of communication (e.g., severe abnormalities in verbal and gestural communication, market social aloofness, stupor, etc).
- 10-1 Needs constant supervision (24-hour care) due to severely aggressive or self-destructive behavior or gross impairment in reality testing, communication, cognition, affect or personal hygiene.

C-GAS Score _____

Children's Global Assessment Scale-For children 4-16 years of age. David Shaffer, M.D., Madelyn S Gould, Ph. D., Hector Bird, M.D., Prudence Fisher, B.A. Adaption of the Adult Global Assessment Scale (Robert I. Spitzer, M.D., Mirrian Gibbon, M.S.W., Jean Edicott, Ph. D.)

OVERALL CLINICAL IMPRESSION

Considering your total clinical experience, what is the intensity of disorder in the patient at this time?

- +3 Markedly Improved
- +2 Moderately Improved
- 0 No Change from Baseline OR Baseline
- 1 Minimally Worse
- 2 Moderately Worse
- 3 Markedly Worse

Score: _____